

North Cape Yacht Club

Learn to Sail: Junior Sail Camp 2023

Calling all Kids, ages 8-15 years old, NCYC is hosting its annual Kid's Day Sailing Camps. Led by certified sailing coaches, our campers will learn the basics of sailing on both land and sea!

NCYC Members: \$220 per session

Non-members: \$250 per session

Weekly Sessions

June 12-16

June 19-23

June 26-30



For More Information, please contact
ncycsailcamp@gmail.com

or

Emily Abela at 734-777-2019

NCYC 2023 SAIL CAMP APPLICATION

Completed application MUST include:

Application + Medical Consent Form + Liability/Code of Conduct Form

All forms and informational handouts are available at www.ncyc.net/sailcamp.

Sailor's Name: _____ Age: _____ (minimum age is 8 yrs)
Street Address: _____ City: _____ State: _____ Zip: _____
Phone: _____ Contact Email: _____

Affiliation: NCYC Membership # _____ I-ILYA/AYC Membership # _____ Non-Member _____

Has your child attended sail camp before? Yes No

Has your child received a scholarship? _____ NCSS _____ MBC _____ Other _____

T-Shirt size **Youth** XS S M L XL Additional shirts \$15.00

T-Shirt size **Adult** S M L XL XXL *Grandparent or parent shirt printed on back \$15.00*

IMPORTANT:

STUDENT MUST BE A STRONG SWIMMER & COMFORTABLE SWIMMING IN A LIFEJACKET.

Sessions are Monday-Friday, 9am-4pm.

Due to safety considerations, there will be a limit to the number of sailors in each session.

| WEEK | BEGINNER/INTERMEDIATE | ADVANCED |
|------------|-----------------------|----------|
| June 12-16 | | |
| June 19-23 | | |
| June 26-30 | | |

Tuition: Members of NCYC: \$220.00 per week

Non-members: \$250.00 per week

Note: The cost of additional weeks or additional children attending camp at the same time will be reduced by \$30.00. *50% of camp fee is due with application and balance is due on or before the first class*

*******CANCELLATION FEE WILL BE YOUR DEPOSIT*******

Make checks out to North Cape Yacht Club or PayPal (contact ncycsailcamp@gmail.com for more info)

***Applications will be accepted throughout the summer, but class size is limited; therefore, placement into desired sessions is on a first come, first served basis.

Parent Name: _____

Signature: _____

Please mail your completed application to:

Emily Abela

NCYC Sail Camp

1592 Glenridge Lane

Monroe, MI 48162

Phone # 734-777-2019

CHILD'S NAME _____ Week _____

NCYC SAIL CAMP 2023 EMERGENCY MEDICAL AUTHORIZATION FORM – Page 1 of 2

This form enables parents/guardians to authorize emergency treatment for children who become ill or injured while participating in sail camp instruction programs. **PLEASE COMPLETE EITHER PART I or PART II of this form.**

Children with a birth date prior to June 1, 2015 will not be registered.

Date of Birth _____ Age _____ Male _____ Female _____

Address (City, State and Zip) _____

Phone _____

In the event of an emergency involving a participant all reasonable attempts will be made to contact the parents or guardians listed below. Please inform us if the child has any medical issues that we need to be aware of and fill out the Ongoing Medical Conditions and Physical Impairments section below.

Emergency medical personnel will be notified for transfer to the nearest hospital if necessary.

1 - Parent or Guardian Name _____

Relationship _____ Cell Phone _____

2 - Parent or Guardian Name _____

Relationship _____ Cell Phone _____

3 - Parent or Guardian Name _____

Relationship _____ Cell Phone _____

MEDICAL INFORMATION

Child's Physician _____

Phone _____

Allergies _____

Current Medications _____

Ongoing Medical Conditions or Physical Impairments of your Camper. *This information is imperative to help our instructors, staff and volunteers prepare for camp and keep your child safe.**

CHILD'S NAME _____ Week _____

NCYC SAIL CAMP 2023 EMERGENCY MEDICAL AUTHORIZATION FORM – Page 2 of 2

MEDICAL INSURANCE INFORMATION *Optional* – This may assist staff in the event that your child is taken to the hospital for treatment.

Insurance Carrier _____

Group Policy # _____ Plan # _____

PART I - CONSENT

I do hereby give my consent for emergency medical treatment of my child in the event of accident, illness, or injury.

Parent/Guardian Signature _____

Date _____

PART II - REFUSAL TO CONSENT *(Do not complete if you completed Part I)*

I do not give my consent for medical treatment of my child. In the event of illness or injury requiring emergency treatment, I wish the instructor to take no action or to:

Parent/Guardian Signature _____

Date _____

LIABILITY FORM

The student and the parent or a legal guardian must read and sign this form before the student may participate in the sailing program.

- Sailing, like most sports, involves a risk of injury. Students will be sailing in deeper water (over their head); a sudden wind gust could cause the boat to capsize. Parts on the boat can cause injury and exposure in the water can become a problem if the student is not properly prepared. The lake water environment contains many sharp objects such as zebra mussel shells and other debris.
- In an effort to make sailing classes as safe as possible, students will be instructed in rules which will reduce the risk of injury. It is vital that the students follow the direction of the instructors and the Sailing Program Rules.
- The instructors are trained in Risk Management and Coaching by the U.S. Sailing Association. They are also trained in Red Cross Standard First Aid and CPR.

We have read the above information concerning the risk involved in sailing. We understand and assume the risk involved in participating the sailing program.

We will abide by the rules of the North Cape Yacht Club's Sailing Program. We hereby release North Cape Yacht Club and their officers, members, instructors, employees and volunteers from any liability arising from or connected with participation in the sailing program.

Students Signature

Parent or Guardian Signature

Date

STATEMENT OF UNDERSTANDING AND DISCIPLINE POLICY

In order to ensure all children are offered the same learning opportunities in a safe environment, we must institute and enforce a strict discipline policy for each of our classes.

Remembering Sail Camp is an on the water activity and safety is our number one concern.

If a child is disrupting the class and will not take direction from the instructor, they will first receive a warning. If behavior continues, the child will be removed from the class and placed with the parent of the day for the remainder of that day's class. The child will not be allowed to return to class until a conference can be held with the child's parent(s), the sail camp director, the instructors involved with the incident and the child. At this conference the behavior and safety concerns will be discussed and options explored to correct the problem. After the conference, if the behavior reoccurs the child will be removed from sail camp for the remainder of the class.

It is not the intent of the sail camp and Junior Sailing Committee to expel children but to make a safe and fun place to learn sailing for all of our children.

In effort to prevent problems the Junior Sailing Committee would like the parents and child to read and sign this letter of understanding.

Please sign and bring to the first day of camp.

I have read and agree to the Statement of Understanding, Code of Conduct and Rules and Discipline Policy of North Cape Yacht Club Junior Sailing Program.

Parent: _____

Junior Sailor: _____

Junior Sailor: _____

Date: _____

REQUIRED EQUIPMENT LIST FOR THE WEEK

- 1. US Coast guard approved lifejacket with whistle**
- 2. Rain jacket (optional)**
- 3. Sunglasses with strap (recommended) (strap recommended for regular eyeglasses)**
- 4. Sunscreen/spray**
- 5. Water bottle**
- 6. Lunch packed in cooler bag**
- 7. Closed toe sailing or water shoe/Fit kicks shoes suggested – Amazon**
- 8. Bathing suit/towel/long sleeve shirts(SP50) suggested/we suggest one piece swimsuit for girls**
- 9. *Extra changes of clothes (shorts/T-shirt) two sets***
- 10. Note pad and pencil**
- 11. Sunhat/cap with visor (optional)**

All items should be labeled with sailor's name and kept neatly in a duffel bag, tote bag etc.
Storage bins are available.

A lost and found box will be located in the junior room. NCYC is not responsible for lost items.