



North Cape Yacht Club

2009 Midweek SAILING INSTRUCTIONS

Wednesday Evening Series for Handicap Fleets

Rules: The Wednesday evening races will be governed by the International Sailing Federation Racing Rules and the US Sailing Association's *The Racing Rules of Sailing 2009-2012* (here after referred to as 2009-2012 Racing Rules), except as altered by this document, the *NCYC 2009 Midweek Sailing Instructions* and the *NCYC 2009 Notice of Races* and any other sailing instructions and safety requirements that apply.

Notices to Competitors: Notices to competitors will be posted on the official regatta notice board located in *North Cape Yacht Club* between the Men's and Women's restrooms, is available on the NCYC web site and is listed in the 2009 NCYC Roster / Handbook

Changes to the Sailing Instructions: Any changes to the sailing instructions will be posted no later than one hour before the affected race.

Signals Made Ashore: Signals made ashore will be displayed from the flag staff between the *NCYC* Clubhouse and the channel. **Postponement** is indicated by Code Flag "AP" accompanied by two sound signals. The warning signal will be made not less than 30 minutes after the "AP" flag is lowered. **Abandonment** is indicated by Code Flag "N" and three sound signals.

Race Schedule and Scoring: See Notice of Race.

Marks: The five *NCYC* permanent marks are arranged in a diamond pattern approximately two miles on a side with a center mark near the center. Each mark is painted orange and may display an identifying letter "W" (West), "N" (North), "E" (East), "S" (South) and "C" (Center).

The Course: The Race Committee will identify the course for each race by displaying the appropriate course direction number prior to the warning signal. The course number will be indicated either by panels with black numbers on a white background or by signal flags 1 (one) through 9 (nine).

Course 1:	Spinnaker	W-N-E-Finish	Marks to Starboard	6.8 nm
	JAM	W-N-C-Finish	Marks to Starboard	4.8 nm
	Instructional	W-N-Finish	Marks to Starboard	4.0 nm
Course2	Spinnaker	W-E-N-Finish	Marks to Port	6.8 nm
	JAM	W-C-N-Finish	Marks to Port	4.8 nm
	Instructional	W-C-Finish	Marks to Port	2.8 nm
Course3	Spinnaker	W-N-S-Finish	Marks to Starboard	6.8 nm
	JAM	W-N-C-Finish	Marks to Starboard	4.8 nm
	Instructional	W-N-Finish	Marks to Starboard	4.0 nm
Course4	Spinnaker	W-S-N-Finish	Marks to Port	6.8 nm
	JAM	W-S-C-Finish	Marks to Port	4.8 nm
	Instructional	W-S-Finish	Marks to Port	4.0 nm
Course 5	Spinnaker	W-E-S-Finish	Marks to Starboard	6.8 nm
	JAM	W-C-S-Finish	Marks to Starboard	4.8 nm
	Instructional	W-C-Finish	Marks to Starboard	2.8 nm
Course 6	Spinnaker	W-S-E-Finish	Marks to Port	6.8 nm
	JAM	W-S-C-Finish	Marks to Port	4.8 nm
	Instructional	W-S-Finish	Marks to Port	4.0 nm
Course 7	Spinnaker	C-N-S-C-Finish	Marks to Port	7.1 nm
	JAM	C/port-N/port-C/starboard-Finish		4.2 nm
	Instructional	C-N-Finish	Marks to Port	3.4 nm
Course 8	Spinnaker	C-W-N-C-Finish	Marks to Starboard	6.2 nm
	JAM	C-W-C-Finish	Marks to Starboard	4.2 nm
	Instructional	C-W-C-Finish	Marks to Starboard	4.2 nm
Course 9	Spinnaker	C/port-S/port-C/port-S/starboard-Finish		6.2 nm
	JAM	C-S-C-Finish	Marks to Port	4.2 nm
	Instructional	C-S-Finish	Marks to Port	3.4 nm

The Start: Races will be started in accordance with the 2009– 2012 Racing Rules, Rule 26. The starting line will be located between an orange flag on the R/C boat and the closest mark.

The starting order and class flag color will be as follows:

<u>Start order</u>	<u>Class</u>	<u>Class Flag Description</u>
1 st	PHRF-C	White
2 nd	PHRF-B	Purple
3 rd	PHRF-A	Pink
4 th	PHRF-sportboat	Dark Blue
5 th	JAM B	Grey
6 th	JAM A (see note)	Yellow
7 th	Shorthanded	Light Blue

Note: A separate **JAM A** start will be given, unless the number of participants is insufficient to separate the JAM fleet into two classes.

Check the official notice board at the beginning of a series.

Finish: All finishes will be at the **WEST** mark unless shortened in accordance with instructions listed below and the 2009-2012 Racing Rules, rule 32.

A typical starting sequence will begin as follows:

6:50 PM Courtesy gun (not official, not required – No Flag Raised)
 6:55 PM Warning Signal (1st class flag & sound signal)
 6:56 PM Preparatory Signal (blue flag or "P" flag & sound signal)
 6:59 PM Prep Signal down (blue flag down & "long" sound signal)
 7:00 PM 1st Class Start (1st Class flag down & sound signal)
 - Repeat Process-

Next class Warning Signal "may" go up at the start signal for the previous class unless delayed by race committee

7:00 PM Warning Signal (2nd class flag & sound signal)
 7:01 PM Preparatory Signal (blue flag or "P" flag & sound signal)
 7:04 PM Prep Signal down (blue flag down & sound signal)
 7:05 PM 2nd Class Start (2nd class flag down & sound signal)

Etc.....

Postponement: Code Flag "AP" and two sound signals. The Warning Signal will be made one minute after lowering the "AP" flag.

Recalls: **INDIVIDUAL RECALL** (one or more yachts) is signaled by Code Flag "X" and one sound signal.

A **GENERAL RECALL** is signaled by code flag "First Substitute" and two sound signals. The warning signal for the recalled class will be made one minute after the lowering of the "first Substitute" which is accompanied by one sound signal. The starting order for the following classes will remain the same.

Shortening Course: Code Flag "S" and two sound signals.

Abandonment of Race: Code Flag "N" and three sound signals.

The Finish: All finishes will be at the WEST mark unless shortened in accordance with instructions listed below and the 2009-2012 Racing Rules, rule 32. The finish line will be between the orange flag on the Race Committee boat and the nearby mark of the course.

Time Limit: The time limit shall be 2 1/2 hours from the time of the class start. Yachts failing to finish within 60 minutes of the finishing time of the first yacht to finish in their class will be scored 2 points more than the last yacht to finish in their class.

Retirement: A yacht that retires shall notify the Race Committee before leaving the racing area. If that is not possible, the yacht shall notify NCYC as soon as possible. The club monitors VHF channel 16. Club telephone: (734) 242-5081.

Alternative Penalty: Racing Rule 44 as stated in the 2009-2012 Racing Rules applies.

Safety: All yachts shall follow the U.S. Coast Guard requirements for carrying safety equipment and for using lights at night.

NCYC accepts no liability for yachts or crew participating in these events. It shall be the sole and inescapable responsibility of the skipper and crew of the individual yachts to decide whether or not to start, continue, or finish a race. Further, each skipper is solely responsible for the personal safety of themselves, their crew and their yacht.

Protest: A yacht shall notify the race committee at the finishing line of her intent to protest and the sail number of the protested yacht.

Protests shall be written on US Sailing Association forms (available at NCYC) and must be presented to a member of the Race Committee at the NCYC clubhouse within one hour after the time of the last yacht's finishing time."

Radio Communications: VHF Channel **71** shall be used for all radio communications.

When on the water, the Race Committee is not obligated to answer individual questions regarding the conduct of the races but will attempt to provide useful information as they are able to do so.

Awards: See Notice of Race.